# IRAC Work Group Food Access, Nutrition, and Risk of Foodborne Illness

### Background

Foodborne illness remains a major public health problem in the United States despite great strides in recent years. Continued improvement in the safety of domestic and imported foods will center on securing supply chains, and identifying and controlling points of contamination and proliferation by pathogens. Policy and regulatory approaches may also benefit from evaluating risk factors for food-borne infections among human sub-populations, particularly as sub-populations have changed during the post-1997 era of coordinated multi-agency food safety programs. Among the reported risk factors for susceptibility to food-borne infection are poverty, under-education, poor sanitation and hygiene, animal contact, climate-driven water contamination and malnutrition. Malnutrition itself can be divided into inadequate sustained access to a variety of healthy foods, balanced nutrition, and adequate micronutrients. Linked to poor nutrition are cardio-vascular, hormonal, metabolic, immunological, behavioral, and environmental compromises that may alter the risk of foodborne illness. These parameters join major demographic and socio-economic changes to paint a picture of the health of the American public that may be significantly different from that pertaining in 1997. A body of literature has documented the changing nature of the U.S. public, but the significance of these changes to risks of food-borne infection, disease, and sequelae have been limited to relatively few specifically vulnerable groups, and have not been broadly reviewed.

The IRAC, by its collaborative nature as a multidisciplinary group of federal scientists and economists, is a uniquely placed ideas body to explore the interrelated factors of socio-economics, public health, nutrition, co-morbidities, and increased risk of foodborne illness.

#### **Proposal**

Form a workgroup of interested IRAC members to:

- 1. Identify and share existing agency data and information that could inform potential interrelationships between food access and nutrition, nutrition and foodborne illness.
- 2. Review scientific literature and evaluate existing federal data to further elucidate the potential interconnection between food access, nutritional status, and susceptibility to foodborne illness. [Note: A survey of the literature on nutritional status and reported foodborne illness will provide an overview of our current understanding. Data gaps and research needs will be identified from the survey. The relationship between physiological state, nutrition, and susceptibility to foodborne illness will be explored by reviewing relevant scientific literature.]

#### **Expected Outcomes (Deliverables)**

1. A white paper the describes: 1) changing features of the U.S. population as they relate to age-adjusted susceptibility to risks of food-borne infection, disease, and sequelae; and 2) the relationship between nutritional status and reported foodborne illness. This paper will explore the changing demographics of the U.S. population and its relevance for identifying especially susceptible sub-populations, the social and economic indicators as well as age, race, gender, ethnicity and geographic factors associated with increased rates of foodborne illness, and the interrelationship between nutritional status, poverty, access to food and foodborne illness. The mechanisms of foodborne infection will be identified and new research concerning these

mechanisms will be updated. The relative importance of various mechanisms will be compared for several notable foodborne illnesses.

2. A proposal for a symposium or workshop to present and discuss findings, possibly for the Society for Risk Analysis (Denver, December 2014).

## **Time Frame for Completion**

White Paper: September 2014 Symposia: December 2014

## **Participating Agencies**

DHHS National Institute of Health/National Institute Robert Hall*	
Of Allergy and Infectious Diseases	
USDA Office of Risk Assessment and Cost-Benefit Analysis Linda Abbott*	
USDA Economic Research Service Sandra Hoffman	
USDA Office of the Secretary Isabel Walls	
USDA Food and Nutrition Service Brenda Halbrook, Margaret V	/enuto
USDA Agricultural Research Service Alanna Moshfegh	

<sup>\*</sup>Co-Chairs of Work Group